



Rebound's mission is to support Durham County high school students on short-term suspension from school by focusing on their strengths and resilience so that they may develop the skills, supports, and strategies needed to reconnect with their schools, communities, and families and achieve their goals.

Rebound Goals:

- Provide a **safe, supervised** environment for students during time out of school
- Help students stay up-to-date with **schoolwork**
- **Problem solve** around causes of suspension or other issues keeping students from meeting their goals
- Build students' **self-knowledge** and self esteem
- Help students name **personal strengths and goals**
- Increase student skills in **leadership, conflict management** and **effective communication**
- Connect youth with **resources** in their families, school staff, and community

Program Activities

- ✓ Academic time with a DPS Certified Teacher
- ✓ Group and Individual Counseling
- ✓ Strengths assessment, goal setting activities
- ✓ Breakfast and Lunch
- ✓ Recreation Time
- ✓ Professional Conflict Mediation for students suspended for fighting (Elna B. Spaulding Conflict Resolution Center)
- ✓ Referrals to community agencies for long term follow up
- ✓ Workshops on substance abuse, sexual health, healthy relationships, college readiness, etc.
- ✓ Re-engagement plans and/or conferences with school staff
- ✓ Invitation to stay at the Teen Center after program day ends.

Program Hours: 9:00 to 2:00, Monday – Friday

Location: Durham Teen Center (1101 Cornell Street, Durham, NC 27707)

Transportation: Provided by families, bus passes available

Referrals: Made by administrators, court counselors, other mentors, family

Enrollment Information for Students and Families:

- Rebound meets at the Durham Teen Center. Please use the back door, which you can access from the Halley Street steps near the baseball field.
- If you have been referred for a conflict mediation with another student, please be ready for a phone call from Rebound staff to learn about conflict mediation procedures.
- Bring textbooks and notebooks from all classes. If possible, retrieve these items before leaving school (with administrator permission). All other schoolwork from teachers should be ready to pick up by the second morning after the student leaves school.
- Rebound seeks to create a network of connections around the student and family. If the student or family has other support providers (therapist, mentor, case worker, etc.), Rebound staff can coordinate with those providers. Please bring contact information if applicable.
- During Academic time, students will need access to an email account and their PowerSchool account. Please bring login information with you to Rebound if you have it.

Rebound Contact Information

Program Specialist: Rasheda Royster studentadvocate@reboundnc.org
(919) 408-2517

Executive Director: Mike Friedman mfriedman@reboundnc.org (919) 514-3033

DPS Teacher: Ms. Spruill academics@reboundnc.org

Questions, or just want to talk to someone before making a decision to enroll? Contact Program Specialist Rasheda Royster (919) 408-2517